



**ECCH statement to ECDC, November 2018**  
**The role of Homeopathy in antimicrobial resistance**  
**European Antibiotic Awareness Day**

**ECCH**

The European Central Council of Homeopaths (ECCH) is a European council of established European associations of professional homeopaths. ECCH is an active member of the European Public Health Alliance (EPHA) and EUROCAM.

**The role of Homeopathy (as part of CAM) in antimicrobial resistance (AMR)**

Unfortunately, to date, antimicrobial resistance is a serious and growing threat to public health, worldwide.

ECCH supports the WHO Traditional Medicine Strategy [1] and would like to see its implementation as this would:

- Encourage health promotion
- Offer new approaches against infections while avoiding the reliance on antibiotics for many conditions and also in situations where antibiotics are prescribed inappropriately, hence reducing the antimicrobial resistance burden

EUROCAM has outlined the potential for Complementary Medicine in AMR [2,3] and Switzerland has played a leading role in acknowledging the positive role of homeopathy in healthcare. [4]

Homeopathy can play an important role in reducing the global reliance on antibiotics by promoting good health, strengthening the immune system, increasing the resilience of the self-healing ability of the body treating acute infections like for example upper respiratory tract infections in children.[5,6]



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**References**

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3. Homeopathy in Healthcare: Effectiveness, Appropriateness, Safety, Costs by Gudrun Bornhöft and Peter F. Matthiessen (Editors). 2011. ISBN 978-3-642-20637-5.
4. Fixsen, A.(2018) Homeopathy in the age of antimicrobial resistance: Is it a viable treatment for upper respiratory tract infections? *Homeopathy* 07(2):99-114.
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European Central Council of Homeopaths (ECCH), website [www.homeopathy-ecch.org](http://www.homeopathy-ecch.org),