EUROPEAN ANTIBIOTIC AWARENESS DAY
A EUROPEAN HEALTH INITIATIVE

Care for your kids - use antibiotics wisely

ecdc
EUROPEAN CENTRE FOR DISEASE PREVENTION AND CONTROL

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Antibiotics can have side effects. They can cause diarrhoea, nausea or skin rashes.

They should therefore only be used when the benefits clearly outweigh the risks.





Antibiotics should only be used:

- when they are needed
- as prescribed by your doctor, and
- for the entire duration prescribed.

The right antibiotic is one that is really needed.





Your child's body is home to billions of helpful bacteria. These bacteria are good for their health and development.

Using antibiotics unnecessarily can upset this natural balance.